



# Healthy Kids Initiative



The staff at Linn-Mar Community Schools has committed to promoting the health and well-being of our students. In accordance with Linn-Mar's designation as a Blue Zones School District, new procedures will be implemented in the 2014-2015 school year to provide students with healthier lifestyle choices in regards to birthday celebrations in the classroom.

Student birthdays may be celebrated at school. However, students will be encouraged to no longer bring food or beverages to share with classmates. Instead, birthdays can be celebrated with non-food options including (but not limited to) name recognition on the school announcements, a special acknowledgement from the school office and classroom recognitions (i.e. birthday crowns, sit with a special friend at lunch, being designated as the line leader for the day, etc.). Students may also choose to bring in nonfood items to share with classmates and school staff such as pencils, special note pads, pens, other writing tools, etc.

Please contact your child's school with any questions about the new way to celebrate birthdays.