



Linn-Mar Community Schools

2021-22 K – 4 Cycle Menu

Breakfast: (includes cereal, milk, juice and posted entrée) Student: Free; Adult: \$2.20

Lunch: (Includes choice of entrée, milk, and sides) Student: Free; Adult: \$3.95

A la carte milk \$.50

It's a holiday feast!
 Turkey gravy with mashed potatoes, fresh baked roll, corn, peaches, dessert, and milk. **NO ALTERNATE**

November

M	T	W	T	F
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

Elementary school not in session

December

M	T	W	T	F
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Mini cinni's	Chicken and cheese pancake sandwich	Pancake on a stick*	Stuffed cinnamon toast crunch bar	Yogurt with muffin
<ul style="list-style-type: none"> • Hamburger Baked beans Fresh veggie cup Applesauce Milk 	<ul style="list-style-type: none"> • Pancakes with egg omelet Tri-tater Fresh veggie cup Strawberries Milk 	<ul style="list-style-type: none"> • Chicken strips with fresh baked roll Broccoli & cheese Fresh veggie cup Fresh apple slices Milk 	<ul style="list-style-type: none"> • Pasta & meat sauce w/Bosco stick Garden salad Fresh veggie cup Pears Milk 	<ul style="list-style-type: none"> • Pizza Crunchers Green beans Fresh veggie cup Fresh fruit slushie Milk
• Stuffed cheese sticks	• Lion Cub Meal	• Sun butter & jelly SW w/cheese stick	• Lion Cub Meal	• French bread pizza
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Long john	Ham/egg/cheese combo bar^(p)	Mini pancakes	Toasted bagel w/string cheese	Strawberry or cinnamon stuffed bagel bites
<ul style="list-style-type: none"> • Popcorn chicken w/b&b sandwich Garden salad Fresh veggie cup Pineapple chunks Milk 	<ul style="list-style-type: none"> • Wild Mike's cheese bites w/marinara Corn Fresh veggie cup Applesauce Milk 	<ul style="list-style-type: none"> • Breaded chicken patty Baked French fries Fresh veggie cup Orange wedges Sugar cookie Milk 	<ul style="list-style-type: none"> • Walking Taco w/tortilla chips Refried beans Lettuce/tomato/cheese Fresh veggie cup Grapes Milk 	<ul style="list-style-type: none"> • Mandarin orange chicken w/rice Stir fry vegetables Fresh veggie cup Mandarin oranges Milk
• Stuffed cheese sticks	• Lion Cub Meal	• Sun butter & jelly w/cheese stick	• Lion Cub Meal	• French bread pizza
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Mini donuts	Breakfast pizza^(p)	Apple or cherry strudel	Cereal bar or pop tart	Waffle sticks
<ul style="list-style-type: none"> • Fish sticks Peas & carrots Fresh veggie cup Peaches Milk 	<ul style="list-style-type: none"> • Mini corn dogs Baked beans Fresh veggie cup Mixed fruit Milk 	<ul style="list-style-type: none"> • Macaroni & cheese w/breadstick Garden salad Fresh veggie cup Blueberries Milk 	<ul style="list-style-type: none"> • Hotdog Tater tots Fresh veggie cup Orange wedges Chocolate chip cookie Milk 	<ul style="list-style-type: none"> • Chicken nuggets with fresh baked dinner roll Mashed potatoes & gravy Fresh veggie cup Mixed berry cup Milk
• Stuffed cheese sticks	• Lion Cub Meal	• Sun butter & jelly SW w/cheese stick	• Lion Cub Meal	• French bread pizza

• **Entrée Choice**

Lion Cub Meal

Fruit, yogurt, cheese, crackers, and a veggie (including beans when on the menu)

Sun Butter & Jelly sandwich Peanut free option made with sunflower seeds.

Menu Subject to Change without notice

*May contain pork

This institution is an equal opportunity provider