



Linn-Mar Community Schools

2021-22 K – 4 Cycle Menu

Breakfast: (includes cereal, milk, juice and posted entrée) Student: Free; Adult: \$2.20

Lunch: (Includes choice of entrée, milk, and sides)

Student: Free; Adult: \$3.95

A la carte milk \$.50

January

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

School not in session

February

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28				

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: French toast sticks	Breakfast burrito	Pancake on a stick*	Yogurt with muffin	Mini cinni's
<ul style="list-style-type: none"> • Fish sticks Peas & carrots Fresh veggie cup Applesauce Milk • Lion Cub Meal 	<ul style="list-style-type: none"> • Pancakes with egg omelet Tri-tater Fresh veggie cup Strawberries Milk • Lion Cub Meal 	<ul style="list-style-type: none"> • Chicken strips with fresh baked roll Broccoli & cheese Fresh veggie cup Peaches Milk • Lion Cub Meal 	<ul style="list-style-type: none"> • Pasta & meat sauce w/Bosco stick Garden salad Fresh veggie cup Fresh apple slices Milk • Lion Cub Meal 	<ul style="list-style-type: none"> • Hamburger Baked beans Fresh veggie cup Fresh fruit slushie Milk • Stuffed cheese sticks
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Long john	Ham/egg/cheese combo bar*	Mini pancakes	Toasted bagel w/string cheese	Strawberry or cinnamon stuffed bagel bites
<ul style="list-style-type: none"> • Popcorn chicken w/b&b sandwich Garden salad Fresh veggie cup Pineapple chunks Milk • Lion Cub Meal 	<ul style="list-style-type: none"> • Garlic cheese bread w/marinara Green beans Fresh veggie cup Applesauce Milk • Lion Cub Meal 	<ul style="list-style-type: none"> • Breaded chicken patty Baked French fries Fresh veggie cup Orange wedges Sugar cookie Milk • Lion Cub Meal 	<ul style="list-style-type: none"> • Walking Taco w/tortilla chips Refried beans Lettuce/tomato/cheese Fresh veggie cup Fresh apple slices Milk • Lion Cub Meal 	<ul style="list-style-type: none"> • Hot dog Sweet potato fries Fresh veggie cup Mandarin oranges Milk • Stuffed cheese sticks
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Mini donuts	Breakfast pizza^(P)	Apple or cherry strudel	Stuffed cinnamon toast crunch bar	Waffle sticks
<ul style="list-style-type: none"> • Wild Mike's cheese bites w/marinara Corn Fresh veggie cup Peaches Milk • Lion Cub Meal 	<ul style="list-style-type: none"> • Mini corn dogs Baked beans Fresh veggie cup Pears Milk • Lion Cub Meal 	<ul style="list-style-type: none"> • Macaroni & cheese w/breadstick Garden salad Fresh veggie cup Blueberries Milk • Lion Cub Meal 	<ul style="list-style-type: none"> • Cheese pizza Mixed vegetables Fresh veggie cup Fresh apple slices Chocolate chip cookie Milk • Lion Cub Meal 	<ul style="list-style-type: none"> • Chicken nuggets with fresh baked dinner roll Tater tots Fresh veggie cup Mixed berry cup Milk • Stuffed cheese sticks

• Entrée Choice

This institution is an equal opportunity provider

Lion Cub Meal

Fruit, yogurt, cheese, crackers, and a veggie (including beans when on the menu)

Menu Subject to Change without notice

*May contain pork