



Linn-Mar Community Schools
2021-22: 9th - 12th Cycle Menu

Jan: 6 & 7 Semester tests: Sack lunches will be served.

Breakfast: (includes cereal, milk, juice and posted entrée) Student: Free; Adult: \$2.20

Lunch: (Includes choice of entrée, milk, and sides) Student: Free; Adult: \$3.95

This institution is an equal opportunity provider.

A la carte milk \$.50

January

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
31				

February

M	T	W	T	F
	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25
28				

School not in session

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Apple or cherry frudel	Breakfast pizza*	Pancake on a stick*	Stuffed cinnamon toast crunch bar	Breakfast sandwich
<ul style="list-style-type: none"> • Wild Mike's cheese bites w/marinara • Pizza bar • Hamburger bar • Salads Steamed broccoli Fresh veggies Applesauce Milk	<ul style="list-style-type: none"> • Spicy chicken sandwich • Pizza bar • Hot dog bar • Salads Baked beans Fresh veggies Fresh pears Milk	<ul style="list-style-type: none"> • Chicken strips with w/dinner roll • Pizza bar • Chicken sandwich bar • Salads Green beans Fresh veggies Orange slices Milk	<ul style="list-style-type: none"> • French toast sticks w/egg omelet • Pizza bar • Yogurt bar • Salads Potato wedges Fresh veggies Blueberries Milk	<ul style="list-style-type: none"> • Chicken Parmesan w/pasta • Pizza bar • Cook's choice bar • Salads Garden salad Fresh veggies Peaches Chocolate chip cookie Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Long john	Breakfast pizza*	Cinnamon roll	Ham/egg/cheese combo bar*	Strawberry or cinnamon stuffed bagel bites
<ul style="list-style-type: none"> • Popcorn chicken & biscuit • Pizza bar • Hamburger bar • Salads Mashed potatoes & gravy Fresh veggies Strawberries Milk	<ul style="list-style-type: none"> • BBQ rib sandwich* • Pizza bar • Hot dog bar • Salads Baked beans Fresh veggies Applesauce Milk	<ul style="list-style-type: none"> • Walking taco w/tortilla chips • Pizza bar • Chicken sandwich bar • Salads Lettuce/tomato/cheese Mexicali corn Fresh veggies Kiwi Milk	<ul style="list-style-type: none"> • Sweet chili Thai chicken w/rice • Pizza bar • Yogurt bar • Salads Stir fry veggies Fresh veggies Mandarin Oranges Milk	<ul style="list-style-type: none"> • Chicken nuggets w/dinner roll • Pizza bar • Cook's choice bar • Salads French fries Fresh veggies Pineapple Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast: Toast, eggs & sausage	Breakfast pizza*	Apple or cherry strudel	Breakfast burrito	Breakfast sandwich
<ul style="list-style-type: none"> • Chicken burrito w/cheese sauce • Pizza bar • Hamburger bar • Salads Broccoli Lettuce & tomato Fresh veggies Apple slices Sugar cookie Milk	<ul style="list-style-type: none"> • Chicken patty sandwich • Pizza bar • Hot dog bar • Salads Sweet potato fries Fresh veggies Mixed fruit Milk	<ul style="list-style-type: none"> • Pasta & meat sauce w/breadstick • Pizza bar • Chicken sandwich bar • Salads Garden salad Fresh veggies Peaches Milk	<ul style="list-style-type: none"> • Tater tot nachos • Pizza bar • Yogurt bar • Salads Fresh veggies w/hummus Apple Milk	<ul style="list-style-type: none"> • Wild Mike's cheese bites • Pizza bar • Cook's choice bar • Salads Mixed vegetables Fresh veggies Grapes Milk

Menu Subject to Change without notice

*May contain pork