



**Linn-Mar Community Schools**  
**2021-22 9<sup>th</sup> - 12<sup>th</sup> Main Cafeteria Cycle Menu**

**Breakfast: (includes cereal, milk, juice and posted entrée) Student: Free; Adult: \$2.20**

**Lunch: (Includes choice of entrée, milk, and sides) Student: Free; Adult: \$3.95**

**A la carte milk \$.50**

May

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	

May 24, 25 & 26  
 Sandwiches, fresh veggies, fruit,  
 and milk.  
 No alternate meal will be  
 available.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast: Mini cinni's</b>	<b>Breakfast pizza*</b>	<b>Pancake on a stick*</b>	<b>Stuffed cinnamon toast crunch bar</b>	<b>Breakfast Croissant sandwich</b>
<ul style="list-style-type: none"> <li>• Wild Mike's cheese bites w/marinara</li> <li>• Pizza bar</li> <li>• Potato bar</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>Garden salad</li> <li>Fresh veggies</li> <li>Applesauce</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Spicy chicken sandwich</li> <li>• Pizza bar</li> <li>• Hot dog bar</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>Baked beans</li> <li>Fresh veggies</li> <li>Fresh pears</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken strips w/homemade dinner roll</li> <li>• Pizza bar</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>Green beans</li> <li>Fresh veggies</li> <li>Orange slices</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Teriyaki dippers w/rice</li> <li>• Pizza bar</li> <li>• BBQ rib sandwich*</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>Broccoli</li> <li>Fresh veggies</li> <li>Pineapple</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken Parmesan w/spaghetti noodles</li> <li>• Pizza bar</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>Garden salad</li> <li>Fresh veggies</li> <li>Peaches</li> <li>Chocolate chip cookie</li> <li>Milk</li> </ul>
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast: Long john</b>	<b>Ham/egg/cheese combo bar*</b>	<b>Breakfast burrito</b>	<b>Cinnamon roll</b>	<b>Breakfast English muffin sandwich</b>
<ul style="list-style-type: none"> <li>• Popcorn chicken &amp; biscuit</li> <li>• Pizza bar</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>Mashed potatoes &amp; gravy</li> <li>Fresh veggies</li> <li>Strawberries</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Breaded mozzarella sticks w/marinara</li> <li>• Pizza bar</li> <li>• Meatball sub bar</li> <li>• Grab and go meals</li> <li>Baked beans</li> <li>Fresh veggies</li> <li>Applesauce</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Walking taco w/tortilla chips</li> <li>• Pizza bar</li> <li>• Chicken burrito bar</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>Lettuce/tomato/cheese</li> <li>Mexicali corn</li> <li>Fresh veggies</li> <li>Pears</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Sweet chili Thai chicken w/rice</li> <li>• Pizza bar</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>Stir fry veggies</li> <li>Fresh veggies</li> <li>Mandarin Oranges</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken nuggets w/homemade dinner roll</li> <li>• Pizza bar</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>French fries</li> <li>Fresh veggies</li> <li>Kiwi &amp; grapes</li> <li>• Milk</li> </ul>
Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast: waffle and sausage breakfast SW</b>	<b>Breakfast pizza<sup>(p)</sup></b>	<b>Bagel bites</b>	<b>Oatmeal &amp; chocolate chip breakfast round</b>	<b>Breakfast Croissant sandwich</b>
<ul style="list-style-type: none"> <li>• Pizza crunchers</li> <li>• Pizza bar</li> <li>• Potato bar</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>Broccoli</li> <li>Fresh veggies</li> <li>Apple slices</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Chicken patty sandwich</li> <li>• Pizza bar</li> <li>• Hot dog bar</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>Sweet potato fries</li> <li>Fresh veggies</li> <li>Mixed fruit</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Spaghetti &amp; Meatballs w/Bosco stick</li> <li>• Pizza bar</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>Garden salad</li> <li>Fresh veggies</li> <li>Peaches</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Tater tot nachos</li> <li>• Pizza bar</li> <li>• Pasta bar</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>Fresh veggies w/hummus</li> <li>Apple</li> <li>Snickerdoodle cookie</li> <li>Milk</li> </ul>	<ul style="list-style-type: none"> <li>• Shrimp poppers w/breadstick</li> <li>• Pizza bar</li> <li>• Soup and sandwich bar</li> <li>• Salads</li> <li>• Grab and go meals</li> <li>Potato wedges</li> <li>Fresh veggies</li> <li>Fruit slushie</li> <li>Milk</li> </ul>

• Entrée Choice

\*May contain pork

Menu Subject to Change without notice

This institution is an equal opportunity provider